# Training Program for Dental Technician

# Day 1: Advanced Dental Technology and Equipment Management Morning Session: Technical Skills Overview

- 1. Welcome and Program Overview (30 minutes)
  - Introduction to training goals, schedule, and expectations.
  - Overview of the role and expanded responsibilities of a dental technician.
- 2. Advanced Dental Laboratory Techniques (1.5 hours)
  - Detailed procedures for creating and fitting dental prosthetics: crowns, bridges, dentures.
  - Hands-on practice with impression materials and techniques.
- 3. Break (15 minutes)
- 4. Digital Dentistry and CAD/CAM Systems (1.5 hours)
  - o Introduction to digital impression systems and CAD/CAM technology.
  - Techniques for designing and fabricating restorations using CAD/CAM systems.
  - Hands-on practice with digital scanners and software.
- 5. Break (15 minutes)
- 6. Creating and Adjusting Dental Restorations (1 hour)
  - Techniques for creating custom dental restorations, including adjustments and fitting.
  - o Hands-on practice with adjustments and fitting procedures.

# Lunch Break (1 hour)

# Afternoon Session: Equipment Management and NABH Standards

- 1. Introduction to Equipment Maintenance (1.5 hours)
  - Routine maintenance procedures for dental equipment: cleaning, calibration, and troubleshooting.
  - o Hands-on practice with maintenance tasks for various dental tools.
- 2. Break (15 minutes)
- 3. Procurement and Inventory Management (1.5 hours)
  - Basics of equipment procurement: vendor selection, negotiation, and warranties.
  - o Inventory management principles: tracking, ordering, and storage.
  - Hands-on practice with inventory management software and tools.
- 4. NABH Standards Overview (1 hour)
  - Introduction to NABH (National Accreditation Board for Hospitals & Healthcare Providers) standards.
  - Key requirements relevant to dental technology and compliance.
  - Practical approaches for integrating NABH standards into daily practices.
- 5. Q&A and Review (30 minutes)
  - Addressing questions and summarizing the day's learning.

# Day 2: Specialized Techniques and Quality Control

Morning Session: Specialized Techniques

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### 1. Review of Day 1 (30 minutes)

- o Recap key points and skills from the previous day.
- Addressing any questions or concerns.

# 2. Implant Dentistry and Fabrication (1.5 hours)

- Techniques for creating implant-supported restorations.
- Hands-on practice with implant models and fixtures.
- 3. Break (15 minutes)

### 4. Orthodontic Appliances (1.5 hours)

- Overview of orthodontic appliances: braces, retainers, and aligners.
- Techniques for fabricating and adjusting orthodontic appliances.
- Hands-on practice with orthodontic appliances.
- 5. Break (15 minutes)

## 6. Esthetic Enhancements and Customization (1 hour)

- Techniques for creating esthetically pleasing restorations and enhancements.
- Customization techniques for improving the appearance of dental restorations.

# Lunch Break (1 hour)

# Afternoon Session: Quality Control and Compliance

# 1. Quality Control in Dental Technology (1.5 hours)

- Techniques for ensuring quality and precision in dental restorations.
- Methods for inspecting and verifying the accuracy of dental work.
- o Hands-on practice with quality control procedures.
- 2. Break (15 minutes)

### 3. Troubleshooting and Problem Solving (1.5 hours)

- Identifying and addressing common issues in dental restorations and appliances.
- Hands-on problem-solving with simulated scenarios.

#### 4. NABH Compliance in Dental Technology (1 hour)

- Implementing NABH standards in daily operations.
- Practical exercises to develop compliance checklists and procedures.

#### 5. Debrief and Feedback (30 minutes)

- Summary of the day's activities.
- Collecting feedback and addressing any concerns.

# Day 3: Integration, Practical Skills, and Evaluation

#### **Morning Session: Integration and Practical Skills**

#### 1. Review of Day 2 (30 minutes)

- o Quick review of previous day's topics and skills.
- Preparation for practical skills assessment.

#### 2. Hands-On Practice: Complete Restoration Procedures (2 hours)

- Comprehensive practice with creating, adjusting, and fitting various dental restorations.
- Working through full restoration cases from start to finish.
- 3. Break (15 minutes)

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### 4. Advanced Techniques in Custom Appliance Fabrication (1.5 hours)

- o Techniques for fabricating custom appliances for complex cases.
- Hands-on practice with advanced appliance fabrication.
- 5. Break (15 minutes)
- 6. Case Study Integration (1 hour)
  - Working through complex case studies involving advanced dental technology.
  - Developing and presenting solutions based on case study scenarios.

## Lunch Break (1 hour)

#### Afternoon Session: Evaluation and Certification

- 1. Written Knowledge Test (1 hour)
  - o Test covering advanced dental technology, materials, and procedures.
- 2. Practical Skills Assessment (1.5 hours)
  - o Evaluation of practical skills through individual assessments.
  - Demonstration and application of learned techniques in simulated scenarios.
- 3. Break (15 minutes)
- 4. Certification and Closing Remarks (30 minutes)
  - o Awarding of certificates of completion.
  - Summary of training outcomes and guidance on continued professional development.
- 5. Final Q&A and Closing (30 minutes)
  - o Addressing any final questions.
  - Providing additional resources and support information.

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