Training Program for Nursing Superintendent

Day 1: Leadership and Administrative Management 9:00 am - 9:30 am:

- Introduction to Nursing Superintendent Role
 - Overview of the Nursing Superintendent's responsibilities, key competencies, and expectations.

9:30 am - 10:15 am:

- CCS Conduct Rules/Leave Rules/LTC/Disciplinary Procedures
 - Detailed review of conduct rules, leave policies, LTC, and handling disciplinary actions.

10:15 am - 10:35 am:

Break

10:35 am - 11:35 am:

- Health Information Systems (HIS) and e-Health and E-office
 - Managing and utilizing Health Information Systems for better patient care and operational efficiency.

11:35 am - 12:35 pm:

- Human Resource Management
 - Strategies for training nursing staff, performance management, conflict resolution, staff retention, performance appraisal systems (APAR and IPR), handling HR issues, and preventing sexual harassment at the workplace.

12:35 pm - 1:20 pm:

Lunch Break

1:20 pm - 2:50 pm:

- Strategic Planning and Healthcare Administration
 - Developing strategic plans, setting organizational goals, and understanding healthcare administration frameworks.

2:50 pm - 3:50 pm:

- Soft Skill Training and Grievance Handling Procedure
 - Enhancing leadership communication, managing grievances, and conflict resolution.

3:50 pm - 4:10 pm:

Break

4:10 pm - 5:00 pm:

- Advanced Leadership Skills
 - Developing effective leadership qualities, including decision-making, team management, and motivational techniques.

Day 2: Clinical Oversight and Operational Management

9:00 am - 10:00 am:

- Nursing Audit and Quality Improvement
 - Conducting nursing audits, assessing compliance with standards, and implementing quality improvement initiatives.

10:00 am - 11:30 am:

- Operational Management in the Nursing Department
 - Overseeing daily operations, managing nursing staff, scheduling, optimizing workflow, and improving departmental efficiency.

11:30 am - 11:50 am:

• Break

11:50 am - 12:50 pm:

- Material Management and Inventory Control
 - Strategies for managing medical supplies, inventory control, and conducting physical verifications.

12:50 pm - 1:35 pm:

Lunch Break

1:35 pm - 2:35 pm:

- Significance of Nursing Documentation and Legal Implications
 - Ensuring accurate documentation and understanding legal implications related to nursing practices.

2:35 pm - 3:35 pm:

- Advanced Data Management and Analytics
 - Utilizing data analytics for decision-making, improving patient care, and managing clinical data.

3:35 pm - 3:55 pm:

Break

3:55 pm - 4:55 pm:

- Effective Communication and Conflict Resolution
 - Techniques for effective communication within teams and resolving conflicts constructively.

4:55 pm - 5:00 pm:

Review and Q&A Session

 Recap of the day's learning and addressing any queries.

Day 3: Emergency Preparedness and Compliance

9:00 am - 11:00 am:

Basic Life Support (BLS)/Advanced Life Support (ALS)

 Advanced life-saving techniques for cardiac arrest and critical care scenarios.

11:00 am - 11:20 am:

Break

11:20 am - 12:50 pm:

Biomedical Waste (BMW) Management and Infection Control Practices

 Proper handling of biomedical waste, infection control protocols, and compliance with standards.

12:50 pm - 1:35 pm:

Lunch Break

1:35 pm - 2:35 pm:

- NABH/NABL Accreditation and Quality Indicators
 - Understanding accreditation processes, quality indicators, and maintaining compliance with NABH and NABL standards.

2:35 pm - 3:35 pm:

Disaster Management and Emergency Response
 Developing disaster management plans and emergency response strategies.

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3:35 pm - 3:55 pm:

Break

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3:55 pm - 4:55 pm:

• Emergency Codes (Seven): Code Red, Blue, Grey, Pink, Black, Orange, Green • Understanding and responding to various emergency codes in the hospital.

4:55 pm - 5:00 pm:

- Review and Q&A Session
 - o Recap of the day's learning and addressing any queries.

Day 4: Advanced Clinical Skills and Management

9:00 am - 10:00 am:

- Change Management and Implementation
 - Managing and implementing changes within the department, overcoming resistance, and ensuring successful transitions.

10:00 am - 11:00 am:

- Patient Flow Management
 - Strategies for optimizing patient flow, reducing wait times, and improving overall patient experience.

11:00 am - 11:20 am:

- Break
- 11:20 am 12:20 pm:
 - Ethics and Professionalism in Nursing Management

 Upholding ethical standards and professionalism in nursing leadership.

12:20 pm - 1:05 pm:

Lunch Break

1:05 pm - 2:05 pm:

- Risk Management and Patient Safety
 - Identifying potential risks, implementing safety protocols, and managing adverse events.

2:05 pm - 3:05 pm:

- Patient and Family Communication
 - Strategies for communicating effectively with patients and their families, addressing concerns, and managing expectations.

3:05 pm - 3:25 pm:

Break

3:25 pm - 4:25 pm:

- Grievance Handling Procedures and RTI Act
 - Detailed approach to handling grievances and understanding the Right to Information (RTI) Act in the context of healthcare.

4:25 pm - 5:00 pm:

- Review and Feedback Session
 - Recap of the day's learning and feedback on the training program.

Day 5: Practical Applications and Evaluation

9:00 am - 10:30 am:

- Simulation Exercises: Emergency Scenarios
 - o Hands-on practice with simulated emergency scenarios to apply learned skills.

10:30 am - 10:50 am:

• Break

10:50 am - 12:20 pm:

- Case Studies and Group Discussions
 - Analyzing real-life case studies and discussing solutions in groups.

12:20 pm - 1:05 pm:

Lunch Break

1:05 pm - 2:35 pm:

- Role-playing: Conflict Resolution and Patient Interaction
 - Practical role-playing exercises to handle conflict and interact with patients effectively.

2:35 pm - 3:25 pm:

- Final Assessment and Evaluation
 - Written and practical assessments to evaluate understanding and application of the training content.

3:25 pm - 3:45 pm:

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Break

3:45 pm - 4:45 pm:

- Closing Ceremony and Certificate Distribution
 - o Final remarks, feedback, and distribution of certificates of completion.

4:45 pm - 5:00 pm:

- Program Wrap-Up
 - o Closing discussions and final thoughts on the training.

This training program combines theoretical knowledge with practical application, ensuring that Nursing Superintendents are well-prepared for their leadership roles.

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Role-playing: Conflict Resolution and Patient Enteraction

 Practical role-playing exercises to handle conflict and interact with patient
 effectively

1:35 nm - 3:25 nm:

Final Assessment and Evaluation Written and practical assessments to evaluate understanding and application of the regiona content.

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