

(H) Plaster Technician

Training Schedule for Plaster Technician

Day of training	S. No.	Training Topics	Duration
Day 1	1.	CCS Conduct Rules/leave rules/LTC/Disciplinary Procedure.	
	2.	HIS/Computer training/MS Word/ Excel	
	3.	Soft skill training and Grievance Handling Procedure	
	4.	Prevention of Sexual Harassment at workplace	
	5.	Data management- data integrity, confidentiality, data Security & lab records and data analysis.	
	6.	APAR & IPR	
	7.	Yoga and stress management	
Day 2	1.	Preparation of POP bandages	
	2.	Preparation of various Plaster slabs	
	3.	Casting and splinting techniques	
	4.	Application of Padding	
	5.	Special Plasters(PTB, Hip Spics, etc)	
	6.	Plaster Removal(Hand Saw, Machine Saw)	
Day 3	1.	Knowledge of orthopedics equipment and instrument	
	2.	Plaster cutter and associated instruments	
	3.	Dressing room techniques	
	4.	Suturing material and various suturing techniques	
	5.	Painting, draping in the OT	
	6.	Basic physiotherapy of Upper and Lower limbs	
Day 4	1.	BLS/ALS training	
	2.	BMW/Infection Control	

		Practices	
	3.	NABH/NABL/Quality indicators	
	4.	Disaster Management	
	5.	Emerging codes(Seven)-Code Red, Blue, Grey, Pink, Black, Orange, Green	
	6.	Training on needle-prick injury/PPE to prevent occupational hazards	